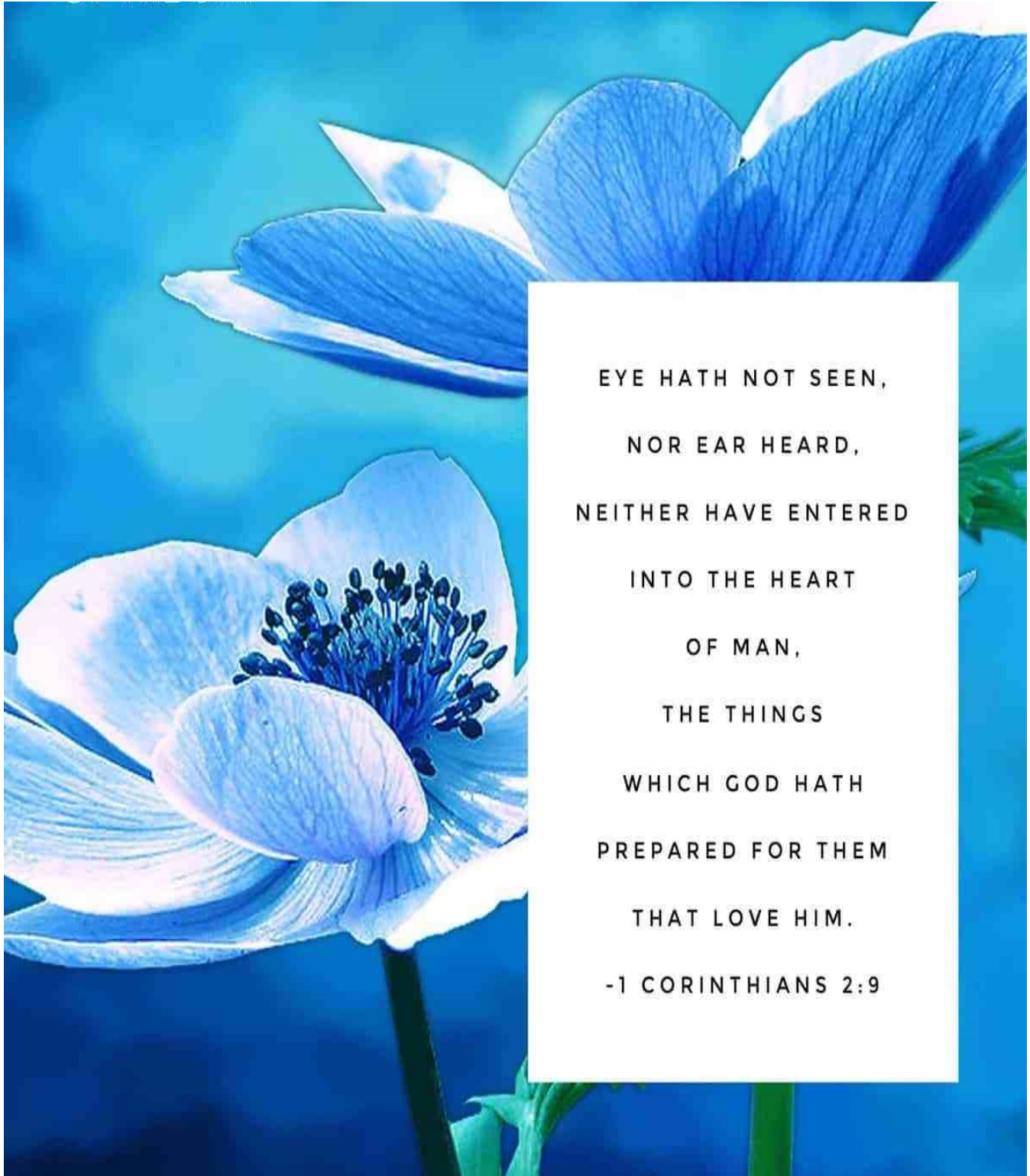


# Springfield Chronicles

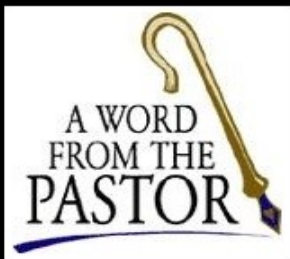
## The Best Is Yet To Come



EYE HATH NOT SEEN,  
NOR EAR HEARD,  
NEITHER HAVE ENTERED  
INTO THE HEART  
OF MAN,  
THE THINGS  
WHICH GOD HATH  
PREPARED FOR THEM  
THAT LOVE HIM.

-1 CORINTHIANS 2:9

2020 Graduate Edition



*Reverend Dr. Kevin Sturdivant*



Proverbs 20:29 tells us that the glory of the young is their strength. I was beyond blessed to see so many distinguished graduates for our drive-thru graduation celebration. What impressed me most was to see the strength and determination you've already shown to graduate during a global pandemic. And that got me thinking, how much stronger our church will be with your participation. Please hear this from your pastor – we need you! We need your gifts, your time, your skill, your insight, your energy, your enthusiasm, your perspective, and your strength. You are very valued members of our church and we want to help you sharpen your God-given gifts so you can use them for His glory! I pray that God would continue to plant you at Springfield so that you may grow into the trees that will fortify our future as a church. God bless you all!!

GOD HAS GIVEN GIFTS  
TO EACH OF YOU  
FROM HIS VARIETY OF  
SPIRITUAL GIFTS.  
MANAGE THEM WELL...  
THEN GOD WILL BE  
GIVEN GLORY

1 PETER 4:10-11 (NLT)

[www.cwsba.com](http://www.cwsba.com)

# Happy Anniversary

To our Pastor, First Lady and First Family:

We appreciate your

**dedication and sacrifice**

and look forward to many more years!



*But as it is written,  
Eye hath not seen,  
nor ear heard, neither  
have entered into the  
heart of man, the  
things which God  
hath prepared for  
them that love him.  
1 Corinthians 2:9*



# **“The BEST is Yet to Come”**

*By Johnny Ray Moore*

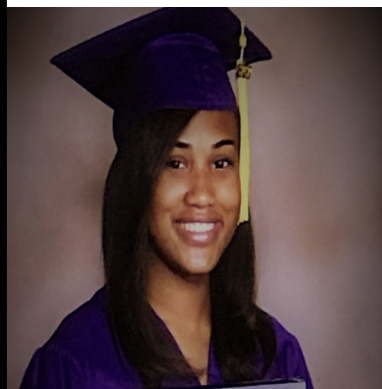
poet & children's author

---

With work and faith, you all have shown,  
That GOD has heard your plea,  
He's guided you to where you are,  
It's where you need to be.  
Your education is a tool,  
That helps you look beyond,  
The obstacles that you may face,  
As you go on and on.  
The tough times that may come your way,  
Will surely make you thrive,  
Providing you with what you need,  
In order to survive.  
And furthermore, you've passed the test,  
And gained more education,  
I pray that GOD will give you strength,  
To shine throughout the nation.  
So, stay the course and do not faint,  
The race must still be run,  
And one more thing, I'm sure you know,  
**THE BEST IS YET TO COME!**







## ***Kennedy High***

*I am most proud of being on the Honor Roll my entire 4 years of high school and for being named "Outstanding Student" by my teacher.*

**School:** Needham Broughton High School, Raleigh, NC

**Future Plans:** Kennedy plans to attend UNC- Charlotte and major in Biology and minor in Business.

**Parents:** Mr. and Mrs. Charles High



## ***Dylan Hinton***

*I am most proud of maintaining my GPA and earning both my high school diploma and associate's degree.*

**School:** Johnston County Early College, Smithfield, NC

**Future Plans:** Dylan plans to earn a bachelor degree.

**Parents:** Bro. Carl and Sis. Veronica Emerson



## ***K'nai Streeter-Martin***

*I am most proud of graduating and receiving awards for outstanding football achievements while in high school.*

**School:** West Johnston High School, Benson, NC

**Future Plans:** K'nai will leave for basic training in September for the Army Reserve.

**Grandparents:** Bro. Mickey and Sis. Felice Alston



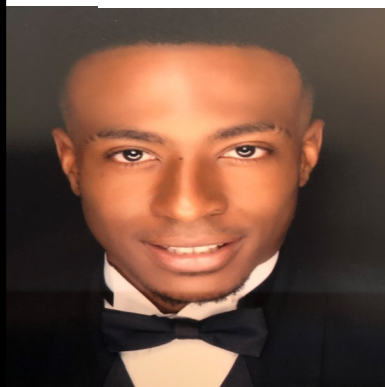
## ***Amir Mercer***

*I am most proud of speaking at the Georgia state capital inaugural "Single Parent Day", March 2019 and attending 21<sup>st</sup> Century Leaders for 2 years.*

**School:** Southeast Raleigh Magnet High School, Raleigh, NC

**Future Plans:** Amir will attend Valdosta State University in the fall and plans to major in journalism and minor in political science.

**Parent:** Sis. Gladys Mercer



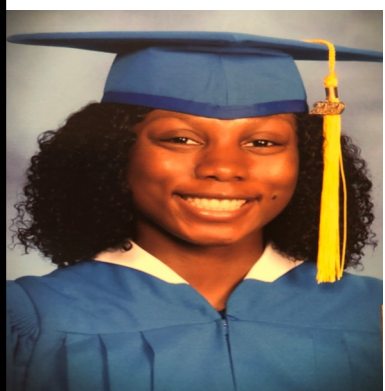
## ***Samir Vance Mitchell***

*I am most proud of receiving academic honors in English and Science.*

**School:** Cleveland High School, Clayton, NC

**Future Plans:** Samir will attend Shaw University in the fall.

**Parents:** Bro. Stanley and Sis. Evangeline Mitchell



## ***Autumn Newkirk***

*I am most proud of being an IB diploma candidate and graduating with a 3.9 GPA.*

**School:** Garner Magnet High School, Garner, NC

**Future Plans:** Autumn plans to attend UNC Greensboro to major in Design under the Consumer, Apparel, and Retail Studies. Her goal in life is to have my own fashion company and become successful in the fashion industry to inspire the future generations. Autumn's company will also support young boys and girls in low income areas to have a safe place for healthy self-expression.

**Parents:** Bro. Benjamin and Sis. Anjennete Newkirk



## ***Alexander Thompson***

*I am most proud of earning Broughton's highest award for volunteering (125 hours in 4 years) and 1<sup>st</sup> Dan Black Belt in Taekwondo.*

**School:** Needham Broughton High School, Raleigh, NC

**Future Plans:** Alexander plans to have a great impact on his family, church, community and people within his reach.

**Parents:** Bro. Clifton, Jr and Sis. Karen Thompson

*Eye hath not seen, nor ear heard,  
NEITHER HAVE ENTERED INTO THE  
HEART OF MAN  
THE THINGS WHICH God HATH PREPARED  
for them who love Him.*  
I Cor. 2:9



## ***Xenia Weakly***

*I am most proud of being an "Outstanding Senior" at Clayton High School and receiving the Rotary Youth Leadership Award.*

**School:** Clayton High School, Clayton, NC

**Future Plans:** Xenia will be pursuing an English degree at the University of North Carolina – Chapel Hill.

**Parents:** Bro. Ian and Sis. Lisa Weakly



## ***Iysis Jael Whitfield***

*I am most proud of being a North Carolina Honors Scholar and being inducted into the Dudley Chapter of National Honor Society.*

**School:** James B. Dudley High School, Greensboro, NC

**Future Plans:** Iysis will attend the University of North Carolina at Charlotte majoring in Kinesiology on the Pre-Health Professions track with a minor in Business Administration. She plans to be a Travel Physical Therapist and eventually have her own practice.

**Parents:** Sis. Tania Wiggins Brown

**Grandparents:** Bro. Gilbert and Sis. Judy Wiggins



## ***Unique Williams***

*I am most proud of receiving 8 scholarships from various colleges (totaling \$200,000) and entering college with over 16 college credits through the CCP program. I also received my North Carolina Early Childhood Education credential.*

**School:** Cleveland High School, Clayton, NC

**Future Plans:** Unique plans to attend North Carolina A&T University and major in Psychology.

**Parents:** Sis. Ulaonda Parham

**Your best is  
yet to come.**

x *God*



We asked our college graduates to chime in on the way they were challenged by Covid-19...

*"I have learned to be creative in my endeavors and to use my free time positively to pursue outside passions like web designing, blogging, and marketing. Through this extra time I have created my own website; Bloom Into Womanhood, to blog about adulting and life. I have also learned the importance of rest and relaxation. Getting rest during COVID-19 has helped me to understand how it is a form of resistance that allows for a mental and physical recharge that a constantly moving society hinders."*

*"Covid-19 has taught me to trust God no matter the circumstances. It has been a tough year with the pandemic, issues involving police brutality and racial division. God has blessed me with a master's degree and a new home in the midst of the madness. I will continue to trust the Lord at all times."*

***How has your college experience been changed?***

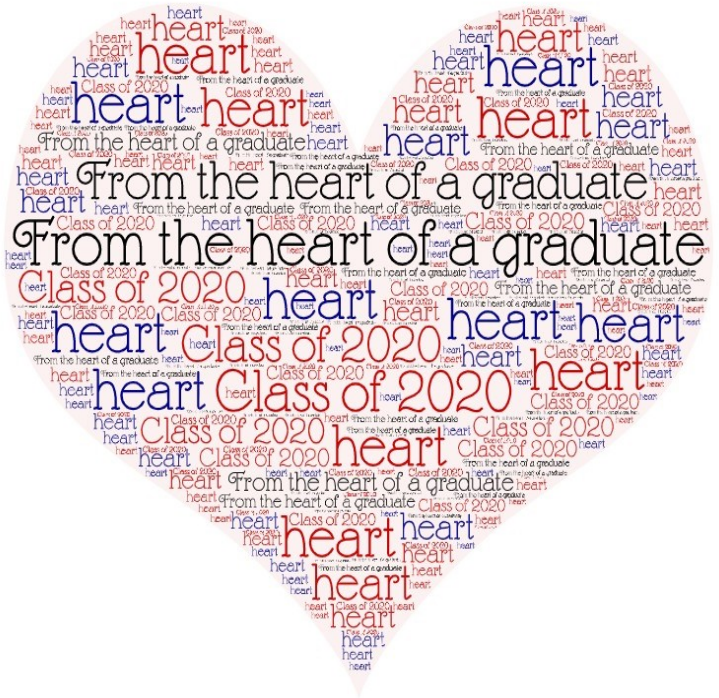
*"Not being able to attend award ceremonies, complete Pirate traditions and walk the stage for my college graduation was tough. I switched to online courses in March and completed all my assignments early April. Although I had a lot of down time to pick up hobbies, sleep and learn some new skills, graduating at a time like this just didn't feel normal."*

*"Covid-19 has changed my college experience by making my last 2 months a bit more difficult. As a more hands-on and visual learner, it was a bit difficult adjusting to online learning."*

***How has your graduation experience been altered?***

*"My graduation experience has been altered in that my graduation date has been changed from June 7 to the Fall (date still pending) of 2020 due to COVID-19. I am keeping a positive attitude as graduation has been a long time coming. I began my college journey in 2008, and with much prayer, support from my husband, and perseverance, I have finished the race. As Ecclesiastes 9:11 states: The race is not given to the swift nor the strong but he who endures until the end. To God be ALL the glory."*

## Andrea Whitaker



# *Congratulations* CLASS OF 2020



## ***Byron Addison***

**School:** Western Carolina University , Cullowhee, NC

**Degree:** Bachelor of Science in Biology

**Parents:** Sis. Jackie Addison

# Western Carolina UNIVERSITY

## *Class of 2020*



## ***Siani' Antoine***

**School:** University of North Carolina—Chapel Hill, Chapel Hill, NC

**Degree:** Bachelor of Arts in History; Minor in African American Diaspora Studies

**Achievements:** Siani' is graduating debt-free on a full scholarship and studied abroad in Poland and Germany on a full scholarship. She is a Charter Member and the Programming Co-Chair of the UNC-Ch section of the National Council of Negro Women. She was also on the Dean's List for the last 3 semesters for obtaining a 3.5 GPA or higher

**Future Plans:** In the fall, I will start a Master of Public Health program with a concentration in Maternal, Child, and Family Health at UNC-Chapel Hill Gillings School of Global Public Health.

**Parents:** Sis. Tomiko Antoine

# UNC

# Congratulations

## CLASS OF 2020

### **Janasia Avery**



**School:** Winston-Salem State University, Winston-Salem, NC

**Degree:** Bachelor of Science in Healthcare Management; Minor in Psychology

**Achievements:** Janasia graduated with honors, *cum laude* and was inducted into the Epsilon Tau Sigma honors society (National Society of Allied Health).

**Future Plans:** As of May 13, 2020, I will attend graduate school at Winston-Salem State University for a Master of Healthcare Administration. I also plan to explore different fields in the healthcare field while employed with Novant Health, a hospital here in Winston Salem.

**Parents:** Bro. Keith and Sis. Dot Avery



### **Khadijah Taylor Bland**



**School:** Wesley College, Dover, DE

**Degree:** Bachelor of Science in Biological Chemistry

Minor in Mathematics; Certificate in Informatics

**Achievements:** Khadijah graduated *magna cum laude*.

**Future Plans:** I will continue her educational pursuits this fall at the University of Rochester's Medical and Dentistry School as a PhD fellow studying Health Services Research and Policy.

**Parents:** Bro. Booker and Sis. Rhonda Bland

**Grandparents:** Bro. Jimmy and Sis. Shirley Bumpers



# Wesley

C O L L E G E

Great Things Await



# *Congratulations* CLASS OF 2020

## ***Jourdan Carr***



**School:** East Carolina University, Greenville, NC

**Degree:** Bachelor of Science in Communication

**Achievements:** Jourdan is most proud of being awarded the ALANA award for academic excellence among minorities over the course of 4 years. She was also on the Dean's list six times.

**Future Plans:** I plan to work in the health communication field.

**Parents:** Bro. Antwan and Sis. Carla Carr



*Class of 2020*



## ***Roy Garris Jr.***

**School:** Saint Augustine College, Raleigh, NC

**Degree:** Bachelor of Arts in Communication and Media Studies

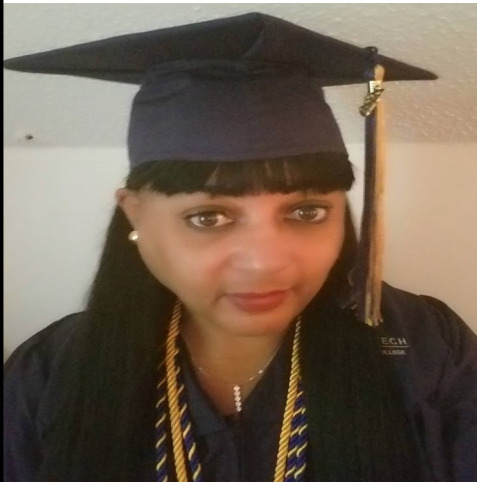
**Achievements:** Roy received the Honors Convocation Award in Film 2019. He was the Campus Activity Board President 2018. He was also Captain of the Football Team, and a member of Iota Phi Theta Fraternity.

**Future Plans:** I plan to continue my studies at UNC School of Arts seeking a master of Fine Arts Degree in Filmmaking.

**Parents:** Bro. Roy Sr. and Sis. Mara Garris



# *Congratulations* CLASS OF 2020



## ***Darlene Gooding***

**School:** Wake Technical Community College, Raleigh, NC

**Degree:** Associates in Applied Science in Early Childhood Education and Associates in Applied Science in Business Administration

**Achievements:** Darlene is most proud of earning a 3.95 GPA (*magna cum laude*) as an Honor student while working full-time.

**Future Plans:** I plan to pursue a Bachelor's Degree in Elementary Education and Special Education at UNC-Greensboro.

**Spouse:** Bro. Antonyo Gooding



**WAKE TECH**  
COMMUNITY COLLEGE

*Class of 2020*



## ***Robert C. Gresham, III***

**School:** Hampton University, Hampton, VA

**Degree:** Bachelor of Science in Biochemistry

**Achievements:** Robert is most proud of graduating *summa cum laude* and graduating with the highest GPA in the School of Science (3.93).

**Future Plans:** I will attend the University of North Carolina – Chapel Hill Eshelman School of Pharmacy in the fall to obtain my PharmD

**Parents:** Bro. Robert Gresham, Jr and Sis. Lakeisha Gresham

**HAMPTON**  
UNIVERSITY

# *Congratulations* CLASS OF 2020



## ***Toni Harris***

**School:** ECPI University, Raleigh, NC

**Degree:** Associates in Applied Science

**Achievements:** Phlebotomy certification and Medical Billing and Coding certification

**Future Plans:** I plan to return to school in six months to earn a Bachelor of Science in Nursing.

**Parents:** Sis. Kathy Payne



## ***Ashley Hogan***

**School:** University of North Carolina -Greensboro, Greensboro, NC

**Degree:** Bachelor of Science in Business Administration with a concentration in Business Management

**Parents:** Bro. Dennis and Sis. Vira Hogan



THE UNIVERSITY of NORTH CAROLINA  
**GREENSBORO**



# *Congratulations* CLASS OF 2020



## ***Adam Jenkins***

**School:** East Carolina University, Greenville, NC

**Degree:** Bachelor of Arts in Psychology; Minor Composite Natural Science

**Achievements:** Adam was on the Dean and Chancellor List multiple times.

**Future Plans:** I plan to apply to Medical School

**Parents:** Bro. Henry and Sis. Stephanie Jenkins



*Class of 2020*



## ***Jyrita Moore***

**School:** Meredith College, Raleigh, NC

**Degree:** Master of Business Administration

**Achievements:** Jyrita passed the major final project, CAPSTONE, which entails critical-thinking, executive-level policy and strategic planning for business management. She is also proud of receiving positive feedback on case analyses and business presentations.

**Future Plans:** I plan to become an entrepreneur and run several businesses to give back to the community.

**Parents:** Bro. Johnny and Sis. Jackie Moore



# Congratulations

## CLASS OF 2020



### **Andrzej Hollingworth Richardson**

**School:** North Carolina State University, Raleigh, NC

**Degree:** Bachelor of Science in Sustainable Materials and Technology

**Achievements:** Andrzej is most proud of receiving two scholarships his senior year at NCSU.

**Future Plans:** After graduation, I began my employment with Environmental 360 as a Staff Scientist with a focus on wastewater and leak detection.

**Parents:** Bro. Evan and Sis. Margaret Richardson

**Grandparents:** Bro. Roscoe and Sis. Loretta Richardson

# NC STATE UNIVERSITY

## Class of 2020



### **Randy Richardson**

**School:** Appalachian State University, Boone, NC

**Degree:** Bachelor of Arts in Spanish; Bachelor of Arts in Psychology; Master of Arts in Experimental Psychology

**Achievements:** Randy is most proud of preparing an article for publication in a scientific journal. He also graduated *magna cum laude* (Bachelor of Arts in Spanish) and *cum laude* (Bachelor of Arts in Psychology).

**Future Plans:** I plan to attend UNC-Wilmington's PhD in Behavioral Analysis Program in the fall.

**Parents:** Bro. Randy and Sis. Pamela Richardson

**Grandparents:** Bro. Roscoe and Sis. Loretta Richardson

# Appalachian

STATE UNIVERSITY®

# *Congratulations* CLASS OF 2020



## ***Jasmine Roberson***

**School:** Wake Technical Community College, Raleigh, NC

**Degree:** Health Care Administration and Medical Office Professional

**Achievements:** Jasmine stayed focused on her journey and finished with all A's.

**Future Plans:** I plan to work in a pediatric hospital.

**Parents:** Bro. Robert and Stephanie Roberson



**WAKE TECH**  
COMMUNITY COLLEGE

*Class of 2020*



## ***Jasmine Stancil***

**School:** University of North Carolina—Charlotte, Charlotte, NC

**Degree:** Bachelor in Health Systems Management; Minor: Public Health

**Achievements:** Jasmine is graduating *summa cum laude*. She is a recipient of the Dean of Students Office Leader Medal that recognizes graduating leaders that have demonstrated the Dean of Student values of Service to Students, Integrity, Trust and Excellence.

**Future Plans:** I will be pursuing my Master's Degree in Occupational Therapy at Radford University in Radford, Virginia.

**Parents:** Bro. Daniel and Sis. Yvonne Stancil



**UNC CHARLOTTE**



# *Congratulations* CLASS OF 2020



## ***Erin Sweeney***

**School:** Winston-Salem State University, Winston-Salem, NC

**Degree:** Master in Occupational Therapy

**Achievements:** Erin is most proud of becoming a dementia care specialist and passing her national board exam.

**Future Plans:** I plan to become a certified stroke therapist working for individuals with neurological disorders.

**Parents:** Bro. Sebastian and Sis. Sharon Sweeney



## *Class of 2020*



## ***Shemeka Thorpe, PhD***

**School:** University of North Carolina—Greensboro, NC

**Degree:** Doctorate of Philosophy in Community Health

**Achievements:** Shemeka is most proud of being the 1st person in her family to obtain a doctorate and for never giving up in the face of adversity.

**Future Plans:** In July, I will begin her research at the University of Kentucky.

**Parents:** Bro. Michael and Sis. Shelia Thorpe



THE UNIVERSITY of NORTH CAROLINA  
**GREENSBORO**

# *Congratulations* CLASS OF 2020



## ***Andrea Whitaker***

**School:** Cambridge College of New England Institute of Business, Boston, MA

**Degree:** Bachelor of Science in Business Administration

**Achievements:** Andrea is most proud of graduating Magna cum Laude

**Future Plans:** I plan to explore career opportunities, in Community Development and Audit, at PNC Bank, my employer for the past 32 years.

**Spouse:** Deacon Timothy Whitaker



# Cambridge College

*Class  
of 2020*



## ***Robert Yarborough***

**School:** North Carolina Agricultural and Technical University, Greensboro, NC

**Degree:** Bachelor of Science in Electrical Engineering

**Achievements:** Robert is most proud of receiving a scholarship through the HOME PROGRAM and maintaining 3.0 and higher GPA in Electrical Engineering

**Future Plans:** I, prayerfully, will begin my career search.

**Parents:** Bro. Bobby and Sis. Deborah Yarborough



# NORTH CAROLINA AGRICULTURAL AND TECHNICAL STATE UNIVERSITY

To God Be The Glory! Our daughter is heading off to college to start a new chapter in her life. Although the chapters of first steps, first words, and first pencil to paper will forever be in our hearts, we are excited to read the pages of what is yet to come!

Xenia Liane Weakly is a kind, considerate, respectful and spiritually grounded young woman with integrity beyond compare. She loves the Lord with all her heart and is able to share the Good News to those who have yet to know Him. Thank you to Springfield Baptist Church for helping to nurture her relationship with the Lord. It has been a joy to see her sing in the choir, present a responsive reading, pray over our tithes and be a reporter for the church newsletter.

The little girl that loved to journal and write short stories has become a literary artist that wins local competitions and attends prestigious collegiate writing camps. Now she's off to UNC Chapel Hill to hone in on her writing skills, as an English major with concentrations in creative and professional writing. We offer this poem to you, Xenia Liane Weakly:

*Wrapped in fine silk, we've  
watched our treasure  
grow. Now sharing these  
words, so that everyone will  
know. Our little one was  
blessed with unique patterns  
and colors; every swoop and  
swirl proves there could be no  
other. As we all look up...Do  
you see that in the sky? It's  
our precious butterfly! Fly, little  
one. Fly high!*

Mom and Daddy



CLAYTON HIGH SCHOOL  
CLASS OF 2020

Your poise, reserved nature and character will take you a long way in life, but your love for Jesus, for which you show that you are not ashamed, will take you even farther than you could ever imagine—because remember “eyes have not seen and ears have not heard...”

Thank you for taking on the challenge of being our Vice Chair. Although your tenure was short lived as we knew it would be—your soft spoken and quiet spirit along with your input will be missed. May you continue to grow into what God wants you to be as you venture off to Carolina. Stay true to who you are and always put God first in all you do!

Monica Neal, *Chairperson, Newsletter Ministry*



Dear SBC family, **Adam** will be applying to Medical School very soon. Please pray with him as he embarks on the next step in his medical journey. Henry and Stephanie

Dear **Roy**, We are proud of you and know God will bless your future. We love you! Roy Sr. and Mara Garris

To **Amir Mercer**: You have always made me proud! You are an amazing young man! Love, your mom

Dear **Samir**, We would like to say we are very proud of your accomplishments, and may God continue to bless you as you move forward in life. Congratulations Samir. We love you!!!! Evangeline Mitchell

**Darlene**, Congratulations on your graduation. I love you very much and I am very proud of you. "Godspeed"  
Your husband,  
Antonyo Gooding

To **Jasmine Roberson**: We are so proud of you and all of your accomplishments. Keep making us proud. Congratulations to you from mom, dad, and sister. We love you, Jazz.

God continues to cover **Dylan** with double favor and grace. I praise God for the blood of Jesus the Christ who heals and restores. -  
Veronica Emerson



To the **2020 high school graduates**, from Darlene Gooding, here is a quote to encourage you: "Don't be afraid. Be focused. Be determined. Be hopeful. Be empowered." Michelle Obama.

**Ashley**, I am so proud of you for graduating from UNC-G. You have had some bumps in the road and some hills to climb but God brought you through. Keep the faith and continue to let God lead you. Love, Ma

Dear **Shameka**, He hath made everything beautiful in His time. Your dad and I are very proud of you. Continue to serve the Lord and the sky is the limit. Congratulations Dr. Shameka Thorpe.

Congratulations **Robert Yarborough** on being steadfast. Trust God and follow His path for you.

We love you,  
Deborah & Bobby Yarborough (mom & dad)

I'm so proud of you **Unique**! I am proud of the young lady you have become. You have worked very hard to achieve the goals that you set for yourself. I am proud of your hard work and accomplishments. Continue to trust God on your life's journey. God has a UNIQUE plan for your life. (Jeremiah 29:11). I love you and am proud to be called your mom!

I would like to shout out my daughter, **Siani' Antone**, for her many accomplishments while being a student at UNC-Chapel Hill. I am beyond proud of you. May you continue to put God first in all that you do. Congrats!!! Love mom  
(Tomiko Antoine)

**Kennedy**, We are so proud of all your accomplishments. Stay grounded in your Christian beliefs and you will go far. Congratulations! Love dad, mom and Garrison

LEADERSHIP IS  
ABOUT BEING A  
SERVANT FIRST.

shutterstock.com • 1457412593

## The **Men's Ministry**

named

Deacon Kenneth

"The Hammer"

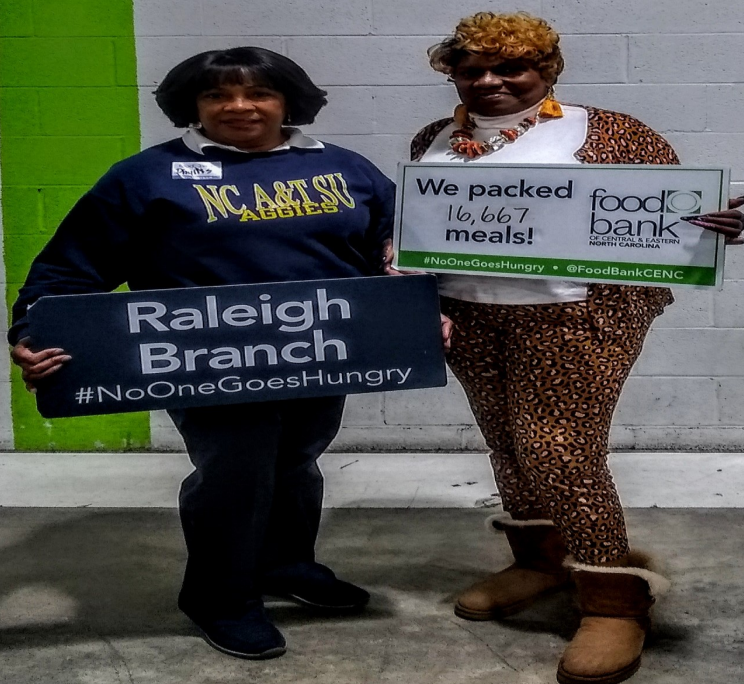
Smith

as their *Man Of The Year* for his commitment and dedication to Springfield Baptist Church.



## #NoOneGoesHungry

**Wyoma Moses** volunteered at the Food Bank of Central NC on March 14, 2020. Mrs. Moses and others were able to inspect, sort and box food donations for 16,167 fellow neighbors.



**A Servant's Heart**

*Pictured from left to right: Phyllis Cunningham and Wyoma Moses*



# Inspiration Nation

...sharing your journey can inspire others...



Robert C. Gresham, III

To encourage the students of Springfield, we would like to share the journey of Springfield's own, Robert C. Gresham, III. He is the son of Bro. Robert Gresham, Jr. and Sis. Lakeisha Gresham and the brother of Mckenna.

**HAMPTON, Va. (May 5, 2020)** – A native of Raleigh, North Carolina, **Robert Gresham III** is graduating this month with a 3.93 GPA, the highest in the Hampton University School of Science. Earning his ACS certified degree in Biochemistry, Gresham is also a Division I Lacrosse athlete at Hampton University.

"Great job to Mr. Robert Gresham III for showcasing his tremendous academic and athletic talents. He typifies the caliber of student-athlete we have here at Hampton University, as we continue to build leaders and champions," said Hampton University President, Dr. William R. Harvey.

Gresham will be heading to pharmacy school in North Carolina next year. He is receiving an academic and merit scholarship. "My plan is to implement myself as a leader in the Pharmacy Class of 2024 cohort by running for class office. Throughout the year, I will continue to build a strong foundational network with hopes to land an internship at a pharmaceutical company during the summer of 2021," Gresham said.

As a student at Hampton University, Gresham was a leader on campus and a member of the Freddie T. Davy Honors College. He has a peer-reviewed publication in preparation and has earned numerous scholarships, including the 2020 Big South Sunbelt Rentals Scholarship.

"Athletics was an integral part of my academic success at Hampton University. Participating in Division I lacrosse helped me enforce and maintain a strict schedule for academics, athletics and extracurricular activities. It was a great stress reliever and also a social outlet source," said Gresham.

Gresham played two seasons for the Pirates in 2017 and 2018 seeing action in 11 games at defender and face off specialist. As a sophomore he was 13-of-27 on his faceoffs.

During the summer of 2018, Robert participated in The University of Virginia Summer Research Internship Program, where he worked at the Marty Mayo, PhD lab to discover treatments for patients with Lung Adenocarcinoma. He presented his research poster at the Annual Biomedical Research Conference for Minority Students in Indianapolis, Indiana in November 2019.

*This article in its entirety was originally released on May 5, 2020 at [www.news.hamptonu.edu](http://www.news.hamptonu.edu)*

# Inspiration Nation

...perfecting your craft with knowledge..

## Jalen Dawes awarded the People Choice

### Spring 2020 AFA-Visual Arts Virtual Exhibition

Jalen Dawes, a student at Wake Technical College, was recognized by the Wake Tech Associate in Fine Arts (AFA) Visual Arts Program. During the **Spring 2020 AFA-Visual Arts Virtual Exhibition** Jalen was awarded as the "People's Choice" recipient and was awarded a \$100 check. His entry entitled, "Horse" used cardboard as the medium and was 21" x 14" x 30" in size. This event was sponsored by the WTCC Student Government Association.

*As previously reported by Student Activities at WTCC to the students and faculty.*

Parents: Deacon William and Sis. Donna Dawes; siblings: Jessica and Jaida



"Horse" by Jalen Dawes



# Inspiration Nation

...trials and tribulations—but God...



Somaya Dunn Johnson

Proud moment: We have to give recognition to Somaya Dunn Johnson as she has had some trials this year. Getting hurt in September in dance practice, having major knee surgery in December, not being focused on school because of so many missed days due to doctor appointments, then surgery, going to physical therapy and tutoring sessions, she felt down and defeated, Oh But God! With the help of the Lord, she turned it all around by staying focused, studying hard, doing EXTRA work when possible and applying herself all the while STILL doing her physical therapy every week through Zoom. We say all of this to say: We are TREMENDOUSLY PROUD of her because she finished out this school year with all A's and she will be a rising "Junior". We give God all the honor and the praise for pushing our baby through those tough times. Congratulations baby girl, we are so very proud of you!" Thank you, Springfield Baptist Church for your teaching and guidance to always put God first!

Proud Parents: Bro. Reginald and Sis. Lakeisha Johnson  
Proud Grandparents: Bro. Herman and Sis. Denise Dunn



Your story isn't over yet.  
- PHILIPPIANS 1:6 -

# Inspiration Nation

...following your dreams....

## Nicole Neal Named 2020 Young Entrepreneur Of The Year



Nicole Neal the JCAC-DST 2020 Young Entrepreneur of the Year

Smithfield – The Johnston County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. ( JCAC-DST, Inc.) has named Nicole Neal, founder of *Simply Sweet*, as it's 2020 Young Entrepreneur of the Year.

Ms. Neal was selected from six participants who pitched their business plan to the JCAC's *Shark Tank*. The JCAC's *Shark Tank* is a panel of independent judges, which consists of local business owners, bankers, financial analysts and educators. The winner was announced at a special virtue award program on May 17th, 2020. The awards program was a collaboration between the JCAC-DST, Inc. and the Brian Hamilton Foundation. Mr. Hamilton was also the guest speaker.

Evelyn Sanders Chair of Economic Development said, "The awards program recognizes high school student entrepreneurs who demonstrate extraordinary success and excellence in areas such as innovation, financial projections and personal commitment to their business and communities".

Ms. Neal was awarded a \$5,000 Educational Scholarship. *The Young Entrepreneur Program* six participants received \$250 for their business start-up capital.

*This article in its entirety was originally released on June 5, 2020 at [www.jocoreport.com](http://www.jocoreport.com)*

Parents: Bro. Tommy Neal Jr. and Sis. Monica Neal; sibling: Monique

# Have You Lost Someone Dear To You?

## *Take Advantage of the GriefShare Program*



**GriefShare** is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.

It is a 13-week, Christ-centered, biblically based support group seminar. A grieving person can join at any time during the 13 weeks. Each session shows a video presentation followed by small group discussion about the video.

The GriefShare videos present experts, ministers, and Christian counselors discussing grief and recovery subjects helpful to people in grief. Real people share their stories of what has helped them deal with the pain of losing a family member or friend through death.

During the week between meetings, group members complete a daily Bible study and practical exercises to help them heal from grief.

GriefShare is for people who have lost a spouse, child, family member, or friend through death.

Sessions are currently being held via Zoom, on Thursdays, 6:00 – 6:40 PM. Register by visiting [www.griefshare.org](http://www.griefshare.org) or call the church at 919-772-8078 to express your interest in the program.





# Children's Day 2020

*Thank you for showing us how to pray!*



*Thank you Joshua, Khara and Kristofer for blessing us through song.*



*Thank you, Pastor, for the optical demonstration about FAITH > fear.*





Ethnicity is not the only color concern in the world. The dyes found in the foods we consume can cause allergies, hyperactivity, learning impairment, irritability and aggressiveness. The three most cited dyes are Yellow 5, Yellow 6 and Red 40. These colorings are typically added to prepackaged foods to make them more appealing. The FDA has made a presumption that these chemicals are safe in low amounts although some studies show that benzidine can increase the risk of cancer.

You might be experiencing some of these ingested dye side effects but totally unaware of the culprit causes. Children can be most at risk as they are often "rewarded" with colorful candies that are pleasing to the eyes, palatable to their taste buds, yet compromising to their bodies.

During this season we have more time to read food labels. Added color is usually one of the last ingredients, so do not become weary in reading the label to the very end. Scripture reminds us that the last shall be first so plan to remove foods with dye(s) from your cart first! If enticing dyes do not make it home, they cannot be eaten.

Source info: <http://www.eatingwell.com/article/16442/the-hidden-health-risks-of-food-dyes/>

## Family Activity:

### FCSS - Color Dye Scavenger Hunt

- Find the foods in your home with dyes.
- Compile a list of your findings.
- Internet shop for replacement items that have no dyes.  
"check product ingredient lists for beet, carotenes, annatto, capsanthin (a paprika extract)-as all are natural colorants. Counterintuitively, the terms "artificial color," "artificial color added" or "color added" also indicate that nature-derived pigments were used since synthetic dyes must be listed by their names."
- Share your findings with others.



*Eyes have not seen  
nor ears heard  
the things  
that God has  
prepared for  
them that love him.*

A recession is a downturn in the economy. On a broader scale, this means that businesses lose money and industry produces less product for two quarters — or six months — in a row.

The coronavirus pandemic has stifled travel, shuttered businesses, canceled sports events and sent stock markets into freefall. Life-saving containment measures have sharply curbed economic output, providing a shock many believe will trigger a global downturn.

### Strategies for Preparing to Survive and Thrive in the Next Recession

**1. Create a budget** - Before taking any more steps, you need to understand how much money you have now and where your money is going. This means creating a budget whether you are living paycheck-to-paycheck everyone needs a budget.

**2. Pay Down Debt** - Money is likely to be tight during a recession. If you have any high-interest credit card debts or car loans it's best to pay them down as much as possible. Of course, if you can pay them off, that's even better.

**3. Cash is King** - There are two primary reasons to stock up on cash in advance of a recession and they are equally important.

**The first is preparing for emergencies.** Having a well-stocked emergency fund is the best way to prepare in advance. It's one of the best strategies for preventing small financial problems turning into big ones. It's best to have three to six months of savings built up.

- This is a serious problem in America: 69% of Americans have less than \$1,000 in savings. That includes 45% who report having *no savings at all*.
- The problem extends to retirement savings as well: 22% of Americans have less than \$5,000 saved for retirement while 15% have no retirement savings at all. That's 37% of the adult population.
- If you've never been able to accumulate much cash in the past, there are several ways to make it happen which are: stop buying stuff, start selling stuff you don't need, cancel any subscriptions or services you don't need and make sure you redirect the savings from all those efforts into loading up your emergency fund.

The second reason to stock up on cash has to do with the next recession strategy...

**4. Keep Investing** - Most investors get scared when the stock market goes down and quickly sell which is 100% the worst thing to do. If you have investments in the market, sit tight. If you have cash on hand, invest when stocks are at a discount and profit when the market returns.

**5. Building Your "IA's" – Intellectual Assets** - This is all about improving your skills and qualifications. If a recession is coming, one of the very best strategies to keep yourself relevant on the career front is to improve your abilities. It can also mean taking online courses or getting an important certification or anything that could help your career move forward. In a nutshell, you'll be doing whatever it takes to improve your value in the job market.

**6. Create a Side Hustle** - Find a side hustle and diversify your income sources. If you lose your job, your side hustle will be an important additional revenue stream. It will supplement other sources like severance pay or unemployment benefits.

### Conclusion

**Take a deep breath!** If a recession is coming, live in knowledge and not fear. Focus your time, effort, and energy on doing what's needed to thrive even if the economy does head south.

Money is the blood that flows through the economy but there is nothing more powerful than the blood of Jesus Christ. (2nd Peter 1:3) states that "His divine power has given us everything we need for life and godliness." (Ephesians 1:7) states "In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace." Make sure you are investing in Christ - there is no greater source in this world.

*Sources of information: Bloomberg, Forbes, Tiffany "The Budgetnista, Money & Markets*

# Believer Entering Training



**Tay'Shon Moore**

**Where do you go to school?**

Garner Magnet High School

**How old are you?**

18 years old

**What advice would you give to other youth in high school?**

1). Be yourself. 2). Never be afraid to stand up for yourself. 3). Don't be afraid to challenge yourself. 4). Stay focused on yourself and your goals. 5). It is okay to only have a few friends.

**What activities, clubs, or organizations are you a participant of?**

I am a participant of WRAL Post 5 program. I also serve as the 4th vice president of the youth department for the Women's Baptist Home and Foreign Ministry Convention, an auxiliary to the General Baptist State Convention of NC, Inc.

**What's your favorite thing about being a follower of Christ?**

My favorite thing about being a follower of Christ is the love that He is for me when I do right and He points me back into the right direction.

**What's your favorite bible verse?**

Psalm 23

**How does your faith affect your lifestyle?**

Being a Christian does not affect my lifestyle—whenever I need guidance in my life I pray and feast on God's word.

**What is the name of your parent/guardian?**

Tarsha Turner

Here are **THE JAMS** that can uplift your spirits...

No Greater Love—Georgia Mass Choir

Never Lost My Praise—Tramaine Hawkins

Keep The Faith—Charles Jenkins

I'm So Satisfied—Luther Barnes

123 Victory—Kirk Franklin

Great God—Detrick Haddon

Satisfied—The Walls Group

Open Door Season—Detrick Haddon

With Long Life—Israel Houghton

Angels Watching Over Me—Richard Smallwood and Vision

Melodies From Heaven—Kirk Franklin

...while working from home...decluttering the house...exploring your new hobby...perfecting your craft...during your shelter in place to inspire and encourage your hearts and souls...





## WHY THE 2020 CENSUS MATTERS

Older Americans have been more likely than other age groups to return their U.S. census forms and make sure they were counted. As the 2020 census happens next March-experts say there will be challenges in getting older people to participate. Many older Americans are not comfortable with an online response and prefer to fill out a paper census form. The stakes are high. In 2016, for example, more than 300 federally funded programs relied on census data to distributed more than \$675 billions to states and localities. This includes funds for schools, roads and hospitals and also programs that older Americans like Medicare Part B.

How will the new census process work? Between March 12 and 20, the majority of households will receive a postcard invitation to respond online to the 2020 census. Those who don't answer will then receive the traditional paper form in the mail. If a household does not respond, the bureau will send a census taker to knock on that door to collect the household data.

### What happens if I missed?

Simple: You won't be represented in the census for the next decade (10 years). If many in your area go uncanceled, then federal money-or representation-that would rightly go to your communities or state will be distributed to another county or community.

### What if I live in a rural community with a low population? Does it matter if I participate?

In 2016 alone, more than \$30 billion was distributed. These funds went toward things like home loans, business loans and waste disposal. These funds only come to your community if you and your neighbors are counted. This is especially true in areas with low population.

### Is it about money?

No, the number of seats in the US House of representatives, and the electoral college votes that each state gets, are determined by census numbers. So, the political balance of power in America changes after each census. Census data will be used over the coming decade to decide where to place **parks, roads, and hospital. It will determine funding for community projects that benefit people of all ages and color, including mass transit, which help many people remain in their homes longer.**

Do you ever wonder why there are limited parks, bike routes and other recreational places in low income areas, people must fill out the census form in 2020? Your community needs your help. It's your duty to fill out the census form and make sure everyone in your home do the same. Pass the word, spread the good news, help your community. **It's your tax dollars.**

### LOOKING TO MAKE A FEW EXTRA BUCKS? HELP WITH THE 2020 CENSUS COUNT

An application can be completed online at the Census bureau website in about 30 minutes. The website also includes wages, position, which is based on location. To get started, go to [2020census.gov/en/jobs](https://2020census.gov/en/jobs).

Submitted by Wyoma Moses

Source: <https://www.aarp.org/politics-society/government-elections/info-2019/census-impact-older-americans.html>



**GWENDOLYN  
DONALDSON**

*A Springfield Trailblazer*



**Gwendolyn D. Leach** was the 1st Black female apprentice in the state of North Carolina under the National Dental Tech Apprenticeship Program in 1969.

Miss Leach was trained at the Capital Dental Laboratory on St. Mary's Street in Raleigh, NC, by Lewis Conley (owner/manager) and Lenton Williams (his assistant), a Black Journeyman dental technician.



**REBECCA  
JUDGE**

*A Springfield Trailblazer*



**Rebecca Judge** is a SBC trailblazer. She worked in the area of public safety and health, focusing specifically on mental health. Rebecca became keenly aware of the social, emotional and psychological health of school aged children during her tenure in Duplin County Schools. While there she was the director of school health. Armed with her expertise in mental health and her desire to help children, she began making the steps to establish the first mental health clinic in Duplin County. Wow, impressive, wouldn't you agree? She also helped plan the first psychiatric unit at Duplin County General Hospital now Vidant Duplin. In addition, she helped to establish the first group home for mentally ill females; Providence Manor, in Wallace, NC. She has counseled people from all walks of life making every person an important individual to her. Many have thanked Ms. Judge for helping to save their lives. Some of her proudest moments are those "Thank You's".

*Thank you Economic and Empowerment Ministry for the movie, "BOSS—The Black Experience In Business" and for challenging us too.*



# SOUNDS YOU MAY HAVE HEARD ON A ZOOM/GOOGLE CALL...



C	G	C	P	C	L	E	A	R	I	N	G	T	H	R	O	A	T	U	T	E
S	A	I	N	R	G	N	F	O	E	D	H	I	H	U	P	H	O	N	E	L
U	Q	R	A	Y	Q	G	K	O	P	F	T	R	G	I	N	I	N	G	I	A
S	A	N	I	I	A	T	I	O	A	I	E	L	C	G	S	H	A	R	E	N
P	E	S	D	N	A	H	L	I	P	A	C	B	C	L	L	M	N	A	I	I
L	R	C	O	G	T	R	O	L	E	A	S	Y	P	S	T	E	E	S	N	N
A	D	H	F	G	L	O	B	A	R	B	F	G	H	V	T	V	S	I	A	G
U	O	E	H	U	M	M	I	N	G	M	K	H	Y	G	I	E	N	L	S	B
G	O	M	A	B	P	N	I	D	G	B	H	J	D	O	G	P	T	E	E	I
H	R	I	W	H	I	S	P	E	R	I	N	G	U	O	N	A	L	N	A	R
T	S	S	E	C	M	I	D	X	A	G	H	J	R	O	M	U	N	C	M	D
E	L	T	T	C	N	G	A	S	N	E	E	Z	I	N	G	U	R	E	L	S
R	A	R	A	V	N	E	Z	C	T	N	E	I	C	X	N	T	P	N	E	C
L	M	Y	U	I	C	A	I	R	B	O	C	T	E	S	I	A	D	T	S	H
A	T	D	W	N	C	S	E	E	I	O	M	J	O	V	H	C	R	K	S	I
N	R	E	O	G	S	E	T	A	O	W	L	P	R	L	K	H	I	O	N	R
X	H	C	N	C	G	H	K	M	W	D	L	B	I	O	H	T	H	T	R	P
C	O	N	S	S	T	A	T	I	C	Y	T	R	D	N	J	D	K	I	C	I
P	L	K	C	H	A	R	T	N	R	S	X	C	K	W	G	V	M	A	L	N
B	R	A	N	T	F	O	R	G	A	T	S	L	U	R	P	I	N	G	H	G
C	O	U	G	H	I	N	G	I	K	A	C	T	I	C	E	S	G	S	L	P
P	A	Q	U	B	A	R	K	I	N	G	A	W	E	S	I	G	H	I	N	G

## Word List

Barking

Bird chirping

Car

Chewing

Clearing throat

Coughing

Crinkling

Crying

Dog

Door Slam

Giggles

Humming

Laughter

Paper

Phone

Screaming

Shh

Sighing

Silence

Slurping

Sneezing

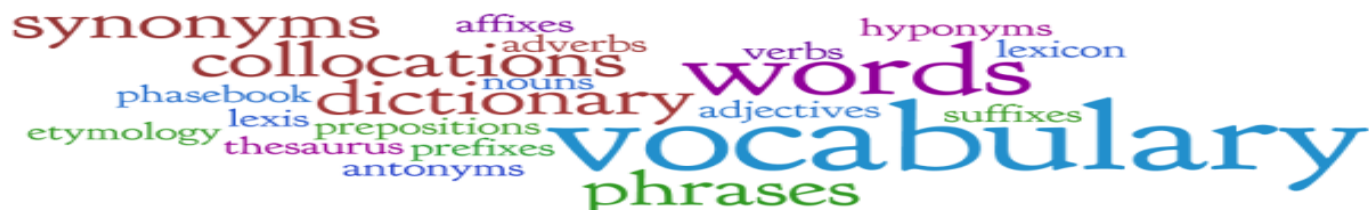
Static

Stomping

Whispering







## Vocabulary Quiz—For All Ages

A year and some change has passed since our beloved Pastor has become our pastor—he enlightened us with new catch phrases *now* he’s going to increase our vocabulary from English to Greek to Hebrew.

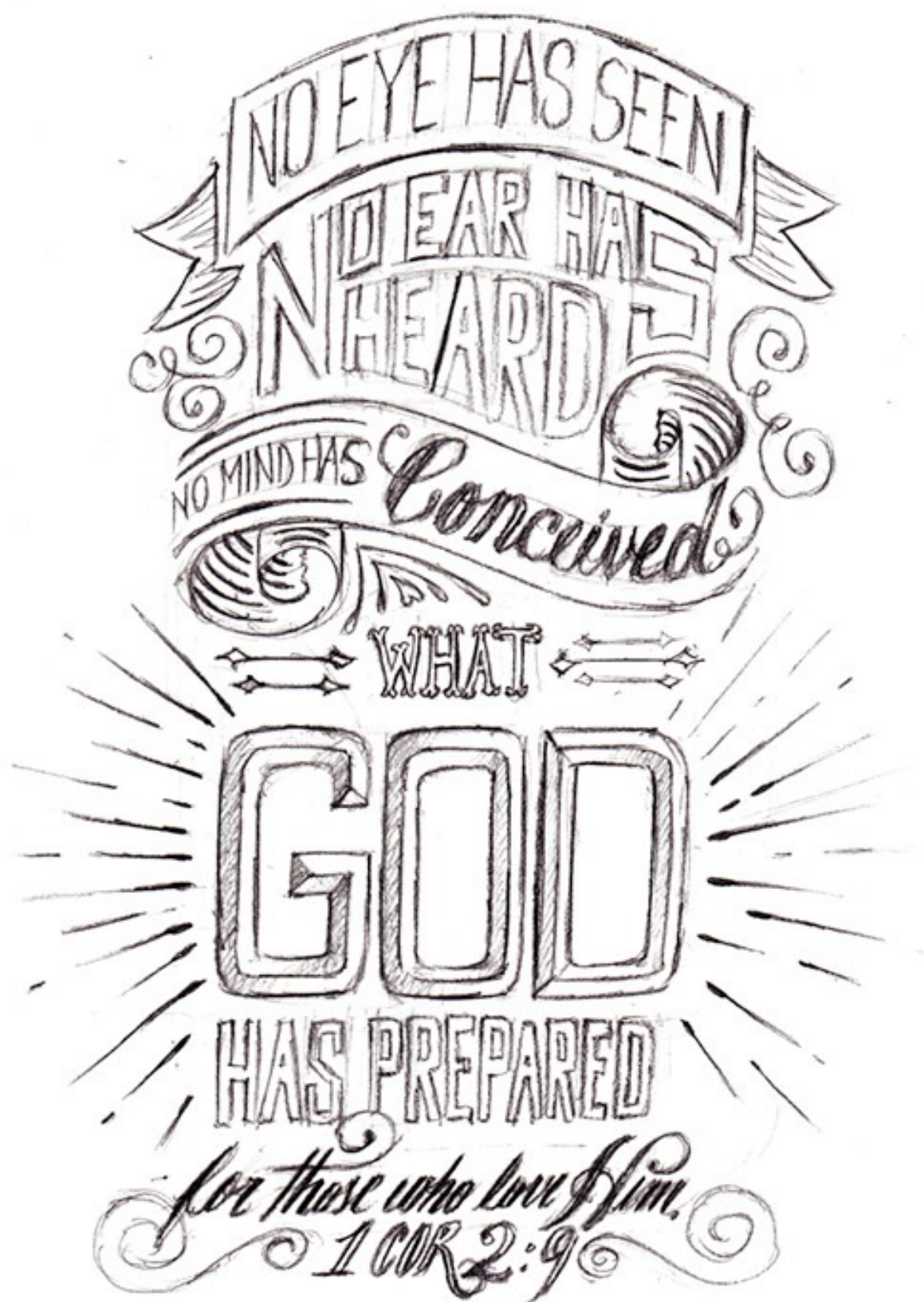
Whether you are trekking with Pastor during Sunday service or Bible Study *OR* you’re expecting to take the S.A.T or A.C.T. one day *OR* if you just want to increase your vocabulary just because—we have some words for you.

*Directions: Feel free to use notes from Pastor’s sermons or Bible Study for context clues, a dictionary, a concordance or your own prior knowledge.*

- |   |                                     |
|---|-------------------------------------|
| 1. 1st person vs 2nd person vs 3rd person - _____           | 14. Makrothumos (Greek) - _____     |
| 2. Accoutre - _____   | 15. Paragraphy of scripture - _____ |
| 3. Acumen - _____   | 16. Pastoral prerogative - _____    |
| 4. Authorial intent - _____                                 | 17. Pensively - _____               |
| 5. Brevity - _____  | 18. Pinion - _____                  |
| 6. Delineate - _____  | 19. Promulgate - _____              |
| 7. Dichotomy - _____  | 20. Rhetoric - _____                |
| 8. Eschatology - _____                                      | 21. Sagacious - _____               |
| 9. Etymology - _____  | 22. Shema (Hebrew) - _____          |
| 10. Fortress - _____  | 23. Tetragrammaton - _____          |
| 11. Hebrew name for Jesus/Hebrew word for salvation - _____ | 24. Theocracy - _____               |
| 12. Hupomeno (Greek) - _____                                | 25. Usurp - _____                   |
| 13. Implore - _____   | 26. Venerated - _____               |
|   | 27. Witty inventions - _____        |

*Answers will appear in the 3rd Quarter edition of the Springfield Chronicles.*

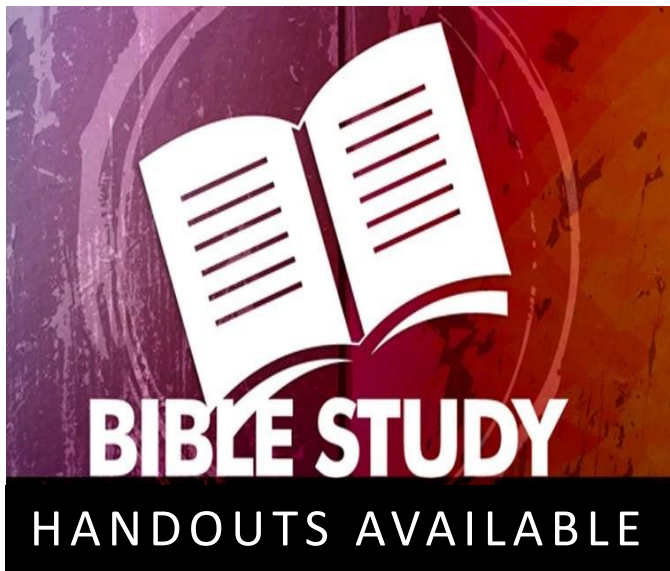
“...No **eye** has seen,  
no **ear** has heard,  
no **mind** has imagined  
what God has prepared  
for those who love him.”  
1 Cor 2:9





stay informed

[www.springfieldbaptistchurch.com](http://www.springfieldbaptistchurch.com)



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\*\*\*\*\*

Monday: 8:00 PM

Raleigh Television Network  
RTN22

\*\*\*\*\*

Tuesday: 8:00 AM

WLFL — CW22

**S**  
**B**  
**C**  
*News*

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